

6 Tips for Interns by Former Interns



“Reach out and talk to many people in many different roles while you’re still there. It’s a great way to ask questions, learn about various different career paths and the company culture, and to hear advice from a wide range of people. It’s also a great way to make meaningful connections with people that will last past the duration of your internship.” - Ethan Kramer, Former Intern at SpaceX

“Don’t worry if you can’t find exactly the type of internship you’re looking for. Find one in the field you are interested in and go for it! You might discover that you really enjoy working in that sector. I always thought I wanted to be strictly a laboratory researcher but through my internship I found out that I really enjoyed a combination of research and outreach.” - Lauren Fessler, Former Intern at Cornell Cooperative



“Keep a running log of what you do every day at work, including reflections. You’ll be surprised looking back at how much you accomplish!”
- Patrick Braga, Former Intern at Visum Development Group

“One of the best things an intern can bring to a team is energy. Training interns can be time consuming for the team, but the energy you can bring as an intern reminds them of why they do what they do in the first place. So always be positive, energetic, and excited.” - Shaibyaa Rajbhandari, Former Intern at Citi



“There can be some downtime with internships but I believe it’s always good to ask your manager what else you can work on or if there is anything else they need help with. It shows you are eager to take on additional work and learn more.”
- Alex Mancuso, Former Intern at Dassault Systemes

“Don’t be afraid to wear a lot of different hats. I have learned so much more from volunteering to help with the lab side of our product even though I was brought in as a Business Dev. intern, and it’s actually helped me connect the technical manufacturing to the customer experience.” - Saie Ganoo, Former Intern at Procter & Gamble

